

FREYA LODGE
SANTA ROSA, CA

CULTURAL EVENTS:

- **Freya Lodge 60th Anniversary November 12th, catering by Café Europe**
- **Save the Date for Juletreffest, flyer on page 8**
- **Lutefisk and Meatball dinner January 21. Make your reservations early**

2011 OFFICERS

President

Pamela Stutrud Groth
707-778-8120

Secretary

Claudia Larson/Marne Olson
707-235-0179 / 707-528-1876

VP/Membership

Anne Marie Winterhalder
707-894-1807

Treasurer

Marit Barca
707-495-0448

Social/Cultural Director

Karen Larson
707-996-9889

Hall Manager

Lis Barca
707-495-0448

Freya Forum

FREYA FORUM

NOVEMBER 2011

Ord fra presidenten

Congratulations to all of us at Freya Lodge! This month we celebrate the 60th anniversary of our institution.

We have quite a history at this lodge. Times have changed considerably since our charter members had the vision to build Norway Hall. In the last decade we've had plenty of challenges which have been overcome and we are still here! We are successful because of the contributions made by everyone.

If you've ever bought raffle tickets, brought baked goods

for lodge meetings or bake sales, if you've ever driven someone to a meeting, made coffee, put away dishes, washed dishes, donated raffle items, volunteered your time at any of our fundraisers or cultural events, or attended meetings then you've been a part of the success of our lodge.

There are many facets to what goes into maintaining the building and governing our lodge. You can see the many improvements recently

brought about by our hall association members.

A huge amount of time and effort is put in to have our meetings and fundraisers. None of this would happen without the support of our board and the dedication of you, our members.

As Freya celebrates and honors the past, we continue to look ahead to the future.

Med vennlig hilsen,
Pamela Stutrud Groth

Lodge Notes... Election, Tubfrim and Fondo

Freya Lodge gathered on October 21 and the slate of officers as presented in last month's Freya Forum were lawfully elected for the year 2012.

In addition, Marit Barca graciously volunteered and was elected to another term as Treasurer as well as Karen Larson as Social Director. Lis Barca was nominated and elected as Assistant Social Director.

If you have been saving stamps for Tubfrim the time is near to turn them in to be eligible for this year's contest. Each pound of cut stamps turned in entitles you to one entry in the contest, with the

prize being airfare to Norway. Have your cut stamps in one pound increments, a gallon size Ziploc bag works perfectly, and bring them to our upcoming November and December events. You'll fill out a card for each pound and our Tubfrim coordinator, Claudia Walen, will get them turned in for you. Good luck and keep clipping those stamps.

What is a Fondo, you ask? It's an opportunity to get out and have some serious fun, according to our Sports Director, Ginger Schechter-Gong. Each fall famed cyclist, and hometown hero, Levi Liepheimer hosts a bicycling

event, the Gran Fondo, here in Santa Rosa that cyclists of all ages and condition can participate in. What's more, getting in shape for the event, and participating, can earn you a sports medal from SoN.

The Fondo is three different courses of varying length, with the longest being an expert's run of just over 100 miles through some of our county's most scenic routes, and Ginger is hoping to field a group from the lodge for the 2012 event. This would be a great chance to get in better shape and show our Norwegian pride.

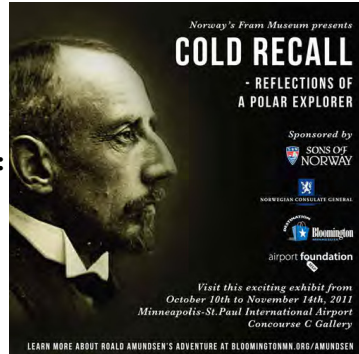
Roald Amundsen Exhibit

This month Sons of Norway is co-sponsoring a new photo exhibit, celebrating the 100th anniversary of Roald Amundsen's journey to become the first explorer to reach the South Pole, at the Minneapolis-St. Paul International Airport.

The exhibit, **Cold Recall: Reflections of a Polar Explorer**, from Norway's Fram Museum, will be seen by more than 6 million travelers during its month-long display. Through images and text, on more than 50 panels, it describes the two-year adventure of Roald Amundsen and his crew aboard the Fram.

Each image is an enlarge-

ment of hand-colored slides that Amundsen, himself, once used during presentations and speaking engage-



ments about his travels. Included are images of Amundsen, his ship, Fram, and his crew, detailing daily life aboard the ship and at their various camps along

the route to the South Pole.

This is the first time this photo-exhibit has visited the United States and was secured through the partnering efforts of Sons of Norway, the Honorary Royal Norwegian Consulate General in Minneapolis, the Bloomington Convention and Visitors Bureau and the Airport Foundation MSP.

If you aren't able to see it in person, be sure to check out the Fram Museum's online exhibit at:

www.frammuseum.no.

From SoN Newsletter Service

Gratulerer med dagen

November

Rollin Anderson

Chris Christianson

Gail Fairchild

Sue Hiatt

Jennifer Inden

Claudia Larson

Sandra Leithe

John Lund

Trudy Macchia

Daniel Neeham

Lisa Neisingh

Anita Rossavick

Stacy Stjern



Ditt og Datt

Freya Lodge would like to thank our sister organization, The Scandinavians for their ongoing support. They've scheduled an interesting bus trip and you can find a flyer for it in this issue of the Freya Forum.

St. Olaf College will be broadcasting its 100th annual Christmas festival to theaters across the United States on Sunday December 4th. Theater locations

in the Bay Area can be found on the college web site at www.stolaf.edu.

It is with sadness that we report the passing of former member and longtime Freya Forum editor Margaret Phinney. We extend our sympathies to her family.

President Pamela Groth reports that she visited with John Lund, who remains in hospice care. He

was in good spirits and hopes to be able to visit the lodge soon.

Lester and Unni Hoel recently travelled with their daughter to Decorah, Iowa. They attended a luncheon sponsored by Vesterheim Museum honoring their Royal Highnesses, King Harald and Queen Sonja.

If you have items of interest, please let your editor know.

Karen's Column

The weather is perfect and fall is in the air. November and December not only wrap up a very busy year for our lodge but also hold some special activities for us as well.

I hope that everyone has November 12th on their calendars for our 60th Anniversary Luncheon and that you are planning to call me by November 6th to make your reservations. I want to thank those of you who have already called me with your reservations and choices for lunch and I encourage everyone who hasn't called yet to make your reservations now. This is a catered affair and we are celebrating a very special event for our lodge and our members. Café Europe will be serving a very delicious luncheon therefore your reservation is needed by November 6th. The menu looks fantastic with the choice of Salmon Filet or Pork Chop Vienna and Black Forest Torte for dessert. The cost is \$26 per person. I cannot take any late reservations this time as we are not doing any of the cooking. Come and celebrate with us - get your reservations in NOW!!!!

At the luncheon, our members will enjoy a presentation reflecting back on our 60 years. This is a very special legacy as

many lodges do not have such history. We are one of the few. Come and see our newly painted lodge and celebrate with us our 60 years of fellowship and heritage. Those who have earned membership pins will be recognized. As our President, Pam Groth stated in her last address to our members, "It's the members of a lodge that make it vibrant. Each of us brings something special and together we make the lodge a place where we can share our culture, talents and friendship." See you on the 12th of November to celebrate our 60th anniversary.

As fall slips into winter, we will be celebrating on December 10th with our annual Julefest. We will be celebrating with singing around the Christmas tree and enjoying a delicious Julebord, Christmas cookies and coffee. Santa Claus will be arriving with presents to all good children in attendance so be sure to bring a small wrapped gift for Santa to give to your child. Be sure to put the child's first and last name clearly on the gift. The cost for this event is \$8 and kids under 12 are free. Mark your calendars now for this fun cultural event. Please contact me by

December 3rd to make your reservations.

Before I close, I want to thank everyone who helped make our Vikingfest a huge success this year. The weather was perfect – could not have asked for a nicer day! I think our advertising paid off as our attendance was great. The Viking reenactment group provided a great show and the accordion music by Keith Church added a special touch. A very big thank you goes out to all who helped make this a wonderful event. Thank you so much to the kitchen crew on both Friday and Saturday. You were great! Many hands made the load lighter. Also thank you to all who donated the delicious baked goods for our Bake Sale. I know that many who attend this event look forward to the special cookies, and baked treats. I heard many enthusiastic compliments regarding the Vikingfest and it would not have happened if it were not for the help of all of our members who made this event possible.

Thank you again for your support and enthusiasm.

*Med vennlig hilsen,
Karen Larson*



Claudia Walen is our new Tubfrim Director. She will accept your used clipped postage stamps at Norway Hall. Thank you, Claudia!

Attention Knitters!!!

If you are like me, you like to have a knitting project to work on when fall starts. Did you know that you can buy Norwegian Dale yarns on the internet?

Go to www.kidsknits.com and you will see their great

selections at \$6 a skein. That is cheaper than if you buy it in Norway! I'm currently making a "Marius genser" (sweater) for grandson George and having a lot of fun with it.

Submitted by

Anne-Marie Winterhalder





Viking Quest Recruitment Contest

Ready, set, recruit! This fall, Sons of Norway Headquarters has challenged lodges to a recruiting contest. Your lodge could win, but you'll need every member's help to be victorious.

What can you do? By recruiting new full dues paying

members (primary, spouse & dues paying Unge Venner) to your lodge between October 1st and December 15th, you bring it one step closer to winning! For every 1% increase in membership, your lodge gets 10 points. For every new member

recruited between the ages of 24 and 55 it gets a bonus point.* At the end of the contest, the lodge with the most points will be crowned Sons of Norway's Top Recruiting Lodge of 2011.

You can do it!

SoN 2011 Christmas Ornament

Show some Norwegian pride this holiday season by adding the 2011 Sons of Norway ornament to your Christmas decorations! From its rosemaling inspired outer frame to the beautiful Valdres rose design, this elegantly styled ornament is sure to be a welcome addition to your holiday traditions. Packaged in a silver-stamped gift box,

containing a Christmas greeting from Sons of Norway and an informative description of Valdres rosemaling, this ornament can also be a unique gift for someone who enjoys the holiday season as much as you do.

This year's ornament is a limited edition and will only be available for a short time, so order yours now!

This special keepsake is only \$14.99 plus tax and shipping & handling. To order yours today, call (800) 945-8851.



Viking Fest Roundup

A big TUSEN TAKK to everyone who helped make this year's Viking Fest one of the best ever!

The building looked great, with the flags flying high on newly painted flag poles, thanks to Daryl Laxo and the Hall Association Committee. We had lots of new people attending, with nothing but great comments about the food, the vendors, the accordion music and the Vikings

of Bjornstad.

Karen and the kitchen crew did a super job, turning out delectable smørbrød, Lorraine amazed us again with her wonderful lefse and rømmegrøt. Sandy took charge of the bake sale, Heather turned out very popular waffles all day long and Lis and Zoe had the raffle well in hand.

Many others deserve mention,

but suffice it to say that it was a group effort and it turned out great! We made some money, a lot of new people now know about Norway Hall and Freya Lodge, we got some new members and many new friends.

That's what I call a success!

Submitted by

Anne Marie Winterhalder

Membership

Welcome new member:

Roberta Cummings

Thank you for renewing:

Lis Barca, Marit Barca and Tanya Barca

Helen Gilstrap

Susan Hiatt

Eliff Konrad

Guy Markell

Sandi McConnell

Laurel Proaps

Phil Rhodes

Linda Stewart

Larry Storbo

Remember to tell a friend about Freya Lodge.

Camp Norge Century Club

Freya Lodge members are very familiar with Camp Norge, the recreation center owned by District 6 in the Sierra foothills at Alta, CA. But did you know there is an active group of supporters who support camp and its programs on more than a casual basis?

The Century Club was founded in 1996 and membership is open to all. The annual dues are \$100.

The Century Club now invites individual SoN members and Lodges to become members of our group and help support the maintenance of Camp Norge.

In 1999, there were 85 members of the Century Club and as of this date, there are 53 mem-



bers. It is amazing how faithful so many people are. Some of our members have never been to Camp Norge, yet they know how worthwhile it is for our future generations to have a

place they can call their own.

Half of the dues collected go directly to Camp Norge, and the other half goes into savings with the Sons of Norway. The goal is to grow this savings into a large enough fund to take care of the maintenance of the Camp, without any other help. A membership application is available on the Freya Lodge website or at lodge events. If you have any questions, or need further information, please feel free to call (805)642-0880.

*Submitted by Ordale Johnson
Century Club President*

Calling all Artisans

Now is the time to start a project creating a work of art for the Folk Art Competition and Exhibition for the 2012 District 6 Convention to be held June 6 – 10 in Mesa, Arizona. That gives you almost a year to work on a project. I like to think of this part of the Convention as our Heritage Showcase.

Many people enter marathons knowing they won't come close to winning; but they enter the event, none-the-less. It is an accomplishment to simply finish the race. Likewise, it is an accomplishment to create traditional Norwegian Folk Art. Don't be discouraged because you're not the best rosemaler, or an accomplished knitter, or weaver, or woodcarver. Enter your art or craft to showcase

that you're learning, that you are progressing, and that you enjoy the art/craft and want to share your heritage with others. Promote this Convention Showcase of our heritage to your lodge, and encourage others to create and share. The categories for the Folk Art are: Rosemaling, Weaving (Norwegian design), Hardanger embroidery, Other traditional Needlework with a Norwegian theme, Hand Knitting (Norwegian design), Crocheting and Tatting, Figure Carving (Norwegian motif), Relief Carving (Norwegian motif), Chip Carving, Bentwood, Other Woodcarving (Norwegian motif), and Other Media, including Photography, which has a Norwegian motif or theme.

Lodge Cultural Directors

should give recognition to the Folk Art participants during a lodge meeting after the Convention. You might even want to have your own Lodge Showcase featuring the participants from your lodge.

*Submitted by Zone 6 Director
Nancy Madsen*



*Membership in
Sons of Norway
brings so much
more than
monthly lodge
meetings.*

Upcoming Events

Olav Lodge #6-82 will host their annual 'Best in the Bay Area' Julebord on Saturday, December 3 at the Lucas Valley HOA Center at 1201 Idylberry Road in San Rafael.. Festivities will begin at 6:30 PM. For more information, contact Barbara at 415-472-1200 or by e-mail at bjlayton@comcast.net

Our friends at The Scandinavians will host their annual Christmas Luncheon at Le Gare Restaurant in Santa Rosa on December 3, kicking off at noon. Cost is \$25 for their members, \$28 for guests. For reservations contact [Marilyn Halvorsen](mailto:MarilynHalvorsen) by 11/27 at 579-4505.

Also coming up in Decem-

ber our sister organization Linnea Lodge of Petaluma will hold it's annual Lucia Fest and Jul Bazaar. This very special event will take place on Sunday, December 11 beginning at 4 PM at the Petaluma Veterans Memorial Building. The event features a smorgasbord dinner, dancing around the tree, a visit from Santa Claus and, of course, the magical Lucia Pageant that is the signature of this event. \$20 for Linnea members and \$28 for guests.

Valhall Lodge #6-28 will celebrate it's centennial with a gala at the Kona Kai Resort in San Diego on March 17, 2012. For more information contact [Tam Stautland](mailto:TamStautland) or call

619-299-9237.

Coming in 2012, Freya Lodge will help sponsor a Bunad making class at Camp Norge. This event will be held in May, following Norway Day and will be led by Sue Sutherland of Bunad Butikenn. Cost and dates are still being worked out, but space will be limited to 12 participants. This is a rare opportunity to learn the fine art of bunad making. For more information please e-mail Pamela Stutrud Groth at clothcrafter@sbcglobal.net.

As always, you can learn more about social, cultural and heritage events in our area and around the district by visiting our web site: <http://www.freyalodge.org/>



Insuring the Future

This time of year is full of simple pleasures, like brisk fall walks, watching the leaves change or spending time with loved ones. Whatever you find pleasure in, don't let it be spoiled by worries about whether you've taken the right steps to ensure your family's financial future.

Sons of Norway promises you'll spend a lot less time worrying about what will happen tomorrow, if you take a few minutes today to discuss your goals with your "very own" Financial Bene-

fits Counselor, Carl Peter Ingvaldstad.

Do that, and every day thereafter will be a little brighter because you will be able to focus on what's really important; spending time with family and friends, doing the things you love to do!

Call me today to put Sons of Norway to work for you and to learn more about your FREE financial review!



"Have car, Will travel!"

Carl P. Ingvaldstad
Toll-free at 1-866-834-1932
(cingvaldst@aol.com)

Date: 11/12/11

Time: 1:00pm

Freya Lodge 60th Anniversary

Join us for our celebratory luncheon

Catered by Café Europe of Santa Rosa

Menu Includes:

Sonoma Mixed Greens with cherry tomatoes, croutons and Café Europe house dressing.

Freshly baked bread and butter.

Choice of *Salmon Filet* seasoned, poached in Gewürztraminer wine, lemon caper sauce, with rice pilaf, baby carrots, apple red cabbage.

Boneless *Pork Chop Vienna* seasoned, panko breaded, baked, creamy mushroom sauce, mashed potato, baby carrots, apple red cabbage.

Black Forest Torte, Coffee.

FREYA LODGE, SONS OF NORWAY

NORWAY HALL
617 W. NINTH STREET
SANTA ROSA, CA 95401

\$26 PER PERSON

MAIL PREPAID RESERVATION TO
SONS OF NORWAY
PO BOX 6558
SANTA ROSA, CA 95406
BY NOVEMBER 6, 2011

Rsvp by November 6, 2011

Contact Karen: 707-996-9889



Date: 12/10/11

Time: 12:00 pm-3:00 pm

Freya Lodge Juletrefest



***SANTA CLAUS will arrive with
presents to all children.***

***(Please bring a small, wrapped gift for
Santa to give to your child, with child's
first and last name CLEARLY printed on the
gift. There may be more than one Erik!)***

- Singing around the juletre.
- Julebord, cold cuts, cookies and coffee.
- \$8 for adults, kids under 12 are free.
- RSVP by December 3

Contact Karen Larson: 707-996-9889



**SONS OF
NORWAY**

Norway Hall
617 W. Ninth Street
Santa Rosa, CA 95401

Freya Lodge 6-062

www.freyalodge.org

January 21, 2012

Time: 4:00 pm

Norway Hall
617 West Ninth Street
Santa Rosa, CA 95401

RSVP Karen Larson: 707-996-9889

FREYA LODGE SONS OF NORWAY

Lutefisk and Meatball Dinner

January 21, 2012 @ 4 pm.



The traditional Norwegian menu will include the very famous Lutefisk (cod), as well as delectable meatballs in brown gravy and all the trimmings, lefse (potato flatbread), almond cake, and coffee.

Cost

- Adult member \$22.
- Adult non-member \$25.
- Children age 6-14 \$6.
- **ONLY 90 TICKETS TO BE SOLD**

Mail paid reservations by January 6, 2012 to

Sons of Norway—Lutefisk Dinner
P.O. Box 6558
Santa Rosa, CA 95406
www.freyalodge.org

Make checks payable to Sons of Norway



Freya Lodge 6-062

Photos from Viking Fest





Bus Trip

to **IMAX Theater** & **IKEA** in Sacramento,

Friday, November 18, 2011

The reasonable cost for a day's outing is **ONLY**
\$30.00 members, **\$32.00** guests.

We will leave Santa Rosa at **8:00 am** from the usual pick up spot between K-Mart and the Furniture 21 store. Also, there will be pick ups in Rohnert Park and Petaluma.

We will have a short stop at the Jelly Belly in Fairfield for a "potty stop", leg stretch, coffee/drinks and any other quick purchases to be made.

The movie "Adventures of Wild California", is to start around 11:00 am and is approximately 42 minutes long.

After the movie we will then go to IKEA for lunch (on your own of course) and our usual "shopping" before heading back home sometime around 3:00 pm (+_) to arrive back in Santa Rosa sometime after 5:00 pm (+_).

Please send your money in by
Monday November 14, 2011

Make your check **payable** to: **The Scandinavians**

Mail your check to: Marilyn Halvorsen,
 1217 Wikiup Dr., Santa Rosa, CA. 95403-1302



"Adventures in Wild California" is an action packed movie. The wilds of California are not so much a place as they are a state of mind - a free-spirited, nature-infused way of the life that is viscerally captured in this film. Through a myriad of exciting and touching stories, the film reveals how wild the lifestyles of California culture are influenced by the untouched California wilderness that surrounds them. "Adventures in Wild California" is a virtual expedition that sends audiences careening down an icy, steep mountain face with snowboarders; twirling on thermals above the clouds with skydivers; swimming through the oceans with otters and their surrogate human mother; excavating the very heart of a thirty-story tall Giant Sequoia with botanists and emerging from under the spray of one of California's biggest, surf-able waves. The heart-pounding imagery recreates an experience of California's furthest edges few will ever know first hand. This is a "must see" exciting movie!

Freya Lodge, Sons of Norway

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Web site: www.freyalodge.org

Culture, Community, Camaraderie

**Anniversary Luncheon
at Norway Hall
November 12 at 1pm**

Anne Marie Eskilsson
REALTOR®, SRES

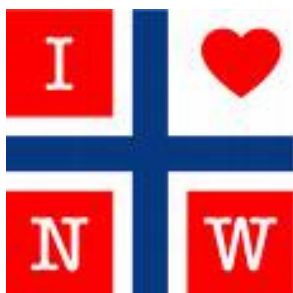


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