

FREYA LODGE
SANTA ROSA, CA

CULTURAL EVENTS:

- **March 18, 6 PM Pot-luck, S/N Financial Benefits Awareness**
- **April 1, 7 PM Movie Night 'Max Manus' See Page 6 for more.**
- **April 15, 7 PM Snowshoe Thompson**
- **Norway Day April 30, May 1 in San Francisco**
- **Rosemaling Seminar at Camp Norge April 30-May 1**
- **Board Meeting at Norway Hall, March 6 @ 4 PM**

2011 OFFICERS

President

Pamela Stutrud Groth
707-778-8120

Secretary

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707-795-8852 / 707-528-1876

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707-894-1807

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Marit Barca
707-495-0448

Social/Cultural Director

Karen Larson
707-996-9889

Hall Manager

Lis Barca
707-495-0448

Freya Forum

FREYA FORUM

MARCH 2011

Ord fra presidenten

I joined Sons of Norway...now what do I do?

What do you know about Sons of Norway?

Co-Secretary Marne Olson has been working on our annual Lodge of the Year form that is due to our district zone director this month. It's a requirement of the organization to track our volunteer hours within and without the lodge. It helps us to maintain our nonprofit status, which is very important.

Additionally, each lodge is graded on how much they participate in cultural functions. Do we sing the national anthems of each country that has lodges? Do we recite the pledge of Allegiance?

Does anyone participate in the cultural skills program? Does anyone participate in the sports medal program? Do you know what these are? Do you know how to win airfare to Norway? Do you know about Camp Norge? Did you know rose-maling seminars are held there twice a year? Did you know that folk dancing is

taught there twice a year as well?

Our past president, Carl Ingvaldstad, will be here on Friday, March 18 to talk to us about what Sons of Norway has to be offer. We will explore the Financial Benefits and the cultural benefits of the organization. Bring your questions and anyone you know who has been wondering just exactly what we do. There's more to it than cookies and coffee each month. Come find out more!

Med vennlig hilsen,
Pamela Stutrud Groth

Freya Lodge is turning 60

In 1951 Harry Truman was president and war raged in Korea. The United Nations opened it's headquarters building in New York, with Norway's Trygve Lie presiding as Secretary General. On Broadway *The King and I* opened a three year run. The first commercial computer, UNIVAC I was delivered to the Census Bureau.

In San Francisco, the treaty which formally ended the World War 2 in the Pacific was signed. In baseball, Bobby Thomson hit his famous "Shot Heard Round the World" home run taking the New York Giants into the World Series. More significantly to us, in November of that year, Freya Lodge was instituted and

joined the order of Sons of Norway. We were part of District Two then, District Six was still a few years away. We'll celebrate our history in these pages. If you have old clippings, anecdotes and photos that you would like to share / submit. they will be greatly appreciated. Please contact the editor with any submissions.

Camp Trollfjell Scholarships



Camp Trollfjell is Sons of Norway District 6 Language and Heritage Camp for kids at Camp Norge in Alta, California. It is a wonderful way for our children to learn about their Norwegian heritage through dance, song, art and fun!

The dates for Camp Trollfjell this summer are July 10 to 23, and the cost remains the same as last year, \$750 per child for the two weeks. The camp is open to children between the ages of 8 and 13 who

have parents, grandparents or great-grandparents who are members in good standing.

Further information and application forms are available at

www.campnorge.com/camper_application.pdf, or from Freya Lodge Scholarship Chairperson, Sandra McConnell. Camp applications must be submitted with a \$375 deposit per child prior to May 1st.

Applicants who are descendants of Freya Lodge mem-

bers can apply for a scholarship to help with the cost of the camp. The amount of the scholarships will be determined by the funds available in the scholarship fund and the number of applications received.

The applicants for scholarship should send a letter telling about themselves and stating why they would like to go to camp. The letters should be mailed to Sandra McConnell, 6 Autumn Leaf Drive, Santa Rosa, CA 95409 no later than April 10th.

Gratulerer med dagen

March

Lillian Anderson

Marit Barca

Tanya Barca

Stephanie Bent

Kyle Cozad

Cindy D'Angelo

Curtis Fjelstul

Betty Hoerler

Kristi Jeppesen

Karl Christian Jeppesen

Caitlin Keller

Margaret Kram

Bev Krogstad

Laurel Laingen

Roger Larson

Max Marshall

Helene McConnell

Bev Mooney

Liv Schwindt

Linda Stewart

Kaare Stjern



Ditt og Datt

Karin Hoy had a fall at home recently and is currently at Santa Rosa Memorial hospital. Please keep her in your prayers.

John Hill reports that he and Laurel Powers completed the 'Fred Wiseman Walk' on February 18. It was a long day, over 13 hours, but fulfilling. John also reports that he 'discovered' the Power and Implement Museum in Penngrove and that it's

fascinating. The museum is kind of hard to find, but it's web site is at

www.penngrovepower.org.

Pamela Stutrud Groth spent a week in Salt Lake City doing genealogy research and learning new skills in the field at the Family History Library.

The Norway Day Festival will be held on April 30 and May 1, 2011 at Fort Mason Center in San Francisco's Marina District. A wide

variety of vendors are expected. The genealogy room will be open with computers and experts on site to help with research. A wonderful assortment of entertainment will be on hand as well. If sufficient interest is shown we may once again arrange a bus trip for members.

For more information on Norway Day 2011, please visit the festival website at norwayday.org/.



Karen's Column

Time to dig out your calendars and jot down dates for our upcoming meetings and activities at our Lodge. I know that for everyone, the dates are filling up fast. Please take the time now to mark the dates for our future meetings and events.

You don't want to miss out.

Your participation is what keeps our lodge active and active we are!

If you missed our last meeting in February on, "Diggin' Nordic Roots", a genealogy research informational program that was presented by Pamela Stutrud Groth, you missed a very interesting and inspiring talk! As Friday approached and the rain continued with earnest, I was a bit concerned about our attendance. However, even with the stormy weather we had a wonderful turnout to listen to a very interesting topic. It was so nice to see our new members from St. Helena, the Hoels, and members that I have not seen in quite a while. We had visitors attending the meeting who had heard about this program at our Lutefisk dinner. So nice to see so many new faces! Keep spreading the word about our upcoming events to your friends and fellow Scandinavians. Invite them to come to our events and meetings at our lodge.

Our next meeting will be on March 18th and we will be hosting Carl Ingvaldstad. Carl will talk about Sons of Norway Financial Programs. This will be a Pot Luck dinner and the dinner will start at 6 PM followed by Carl's presentation. Come and hear what Sons of Norway

has to offer. Remember, this is a Pot Luck dinner and what ever shows up is what we have for dinner. So far our Pot Luck dinners have been awesome!

Come and enjoy an evening of fellowship, good food, and learn a more about what Sons of Norway can offer you financially and culturally.

Movie night April 1st - no fooling! Mark your calendars now for our Kitchen Renovation Fundraiser which will be held on April 1st at 7 PM. If you have ever worked in our kitchen, you are well aware that we are in dire need of a commercial dishwasher and basic remodeling and updating. To raise funds for our kitchen renovation, we will be showing the movie, Max Manus. 71 years ago, Max Manus returned home the day the Nazis were invading his homeland of Norway. He decided to fight back. Come see the movie that tells his story - see how he became one of the most wanted men by the Gestapo in Norway during WWII.

We will be requesting a minimum donation of \$5 and popcorn and beverages will be available for purchase. Wear something patriotic and be sure to bring your friends. We will be accepting MasterCard and Visa for this event. Remember, this is a fundraiser for our kitchen so your donation is tax deductible.

On April 15th, we will be meeting at 6 PM for a Soup and Salad dinner followed by a presentation on Snowshoe Thompson. Be sure to mark your calendars now and don't miss out on our

lodge events. Put down our events ahead of time and always call me if you have any questions.

This is a special year for Freya Lodge. This year we will be celebrating our 60th anniversary! It takes lots of dedicated members to keep a lodge going strong for 60 years. To celebrate this event, we will be hosting a 60th Anniversary Party on Saturday, November 12th. Mark your calendars now - this is an event you won't want to miss. Keep reading your Freya Forum for more information to come on our Anniversary Party.

Again, thank you to all who attended our last function. Pam did a wonderful presentation and if you missed out, maybe we can schedule her to speak again sometime in the near future. Looking up your family history and learning how to research records is a big undertaking but very worthwhile. It is a time consuming task but Pam is here to help. She has lots of information to pass on to those who are interested or need assistance in Genealogy research. Learning about our Norwegian Heritage is what Sons of Norway is all about. Remember, mark your calendars now for our future meetings and special events. Hope to see you at the Pot Luck dinner with a presentation by Carl Ingvaldstad, March 18th and for our movie night, April 1st, showing Max Manus. You won't want to miss these two events!

Med vennlig hilsen,

Karen Larson



District 6 Scholarship News

Latest news on
scholarships.

The 6th District will award three \$1,000 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6th District. They must attend a 4 year accredited college or university in the USA as a full-time undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1.

When an applicant is deemed worthy of a scholarship (recommended by the 6th District Scholarship Committee and approved by the 6th District board) the funds will be jointly paid to the applicant & to the institution he or she is attending.

Applications must be submitted to the scholarship committee by April 1 of the application year.

Also just announced, the 6th District will offer a scholarship to a 2 week Concordia Language Camp Summer Session at The Norwegian Village or

“Skoggjorden” in the amount of about \$1700, for a camper over the age 13.

The applicant must be a Heritage or Unge Venner member of a 6th District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year.

Visit the website

www.ConcordiaLanguageVillages.org for information & applications for the Norwegian Village or “Skojorden.”

The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

For more information please contact Carolyn Dahl, Chairman,
13361 East 35th Place,
Yuma, AZ 85367
PH: 928-335-1801, e-mail,
KA6LSK@arrl.net

Henrik Ibsen Lodge of San Francisco, the oldest lodge in District 6, is once again accepting applications for the Peder P. Johnsen Scholarship. This program was established to recognize students of Norwegian ancestry for academic excellence and involvement in the community.

Scholarships are awarded to deserving students who are residents of Northern California studying full time at accredited colleges and universities. Freshman, undergraduate and graduate students are eligible and a GPA of 2.7 or better is required.

Deadline for applications is April 1, 2011. Applications and additional information may be obtained by writing or calling:

Jo Ann Wentker
650 Upland Drive
San Francisco, CA 94127
(415) 587-9210

Membership

Welcome New Member

Unni and Lester Hoel

Lisa Neisingh

Thank you for renewing:

Eunice Everson

Claudia Larson

Erik Oehm

Wanda & Erika Perkins

Vivian Ronning

Carolyn Strange

Remember to tell a friend about Freya Lodge.



Hall Association Committee Update

The HAC met on 2/13/ 2011 and reports the following: We have switched liability coverage to Travelers Insurance at a cost of \$2,603 per annum. The update of the kitchen fire suppression system should be completed by 2/23/11 with inspection by SRFD to follow. The water bill was larger than

usual, apparently due to high usage for Lutefisk dinner. Painting and renovation of the exterior of the building continue as current funding allows. \$1,600 has been paid to date for work completed against an expected total of \$3,700. Rental fees for the hall are set at \$75 per hour w/4 hour mini-

mum and a \$400 minimum fee for use of the kitchen. Call forwarding on the hall phone was cancelled saving \$10 per month. The committee is investigating if additional insurance is needed for renting a can to go to Norway Day in May.



Submitted by the Committee

Report of January Board Meeting

President Pamela Stutrud Groth called the meeting to order at 4:02 p.m. Roll call of officers present was completed.

President's Report: Pamela Groth gave a brief overview of her goals and expectations for the lodge for the coming year. The president also passed around guides for leadership and a calendar of events for the year. A discussion followed about activities over the next year and what the lodge can do to become more involved in the community. Mention was made of the Rose Parade, Bread & Butter Parade and Wednesday Night Market. Reminders were made about the grant applications due for scholarships-Camp Trollfjell, Lodge of the Year forms and Adopt- A-School. The president also read a resolution concerning the Sons of Norway Resolution for Lodges that hold real estate.

Vice President's Report: Anne-Marie Winterhalder reported on securing more publicity for lodge's events and the difficulties she had working with various news organizations. Anne-Marie had sent releases, in

some cases 6 months ahead of schedule, for lodge events.

Treasurer's Report: Marit Barca reported on lodge finances. Marit reported on an acquisition of three paintings that were bequeathed to the lodge. A discussion on the budget followed, full cost of newsletter plus membership is \$16.50. A motion was made by Anne-Marie to propose \$11 for the cost of the newsletter. Marit seconds the motion. Further discussion continued about those who may need help on a fixed income. 11 voted in favor of the motion.

Social/Cultural Director's Report: Karen Larson reported the Lutefisk Dinner is a sell-out and there were requests for more tickets. 80 tickets was the maximum number considered. It was also decided to rent plates for the event rather than use the lodge's dishes. A further discussion about assignments for members and the organization for the Lutefisk Dinner followed. Further discussion followed about events for the rest of the year. Pamela proposed a Calendar Planning

meeting.

Foundation Director: John Hill gave a report on the Adopt-A-School Program. He also reported on how to make donations to the lodge and that the donation receipts need to be more visible. Also mentioned getting the word out on the Pass The Piggy/Little Pink Piggy.

HAC Report: Darryl Laxo gave an update on all the maintenance issues and repairs on the lodge. The kitchen needs commercial upgrades. Insurance matters were also discussed concerning liability issues when renting to groups not affiliated with the SoN. Additional insurance will be needed when renting the facility out. Lis Barca distributed the expense report, reported that a PO Box has been obtained, and that the mail slot will be closed. The Hall Association will pay for the new PO Box.

President Groth adjourned the meeting at 6:15 p.m. The next board meeting will be held Sunday, March 6th at 4:00 p.m.

Submitted by Marne Olson

Membership in Sons of Norway brings so much more than monthly lodge meetings.

Membership News

We are happy to welcome three new members to Freya Lodge: Unni and Lester Hoel and Lisa Neisingh. Please seek them out and make them feel welcome at the next meeting or event!

Sons of Norway, Minneapolis has started a "Recruit to Win" membership drive which coincides with Freya Lodge's emphasis on getting new members. Through this program every member who sponsors a new member in 2011 will have a chance to win a wonderful trip to Norway for two.

Oslo. Bergen. Coastal Norway. Holmenkollen. The Flåm

Railway. Hadeland Glassverks. All this and more is in store for a lucky member if they recruit to win in 2011!

Every time a member recruits a new, dues-paying member they are entered into the 2011 Norwegian Experience Recruitment Contest, courtesy of Borton Overseas and Sons of Norway. The prize, which will be awarded in January of 2012, is a free trip of a lifetime to Norway for the winner and one guest. Airfare, meals, exclusive travel opportunities and upscale accommodations are all included. The best part is that the winner gets to choose their own

adventure! Whether an active trip full of sight-seeing and touring is preferred, or a more laid-back vacation, it's up to the lucky winner to decide!

Freya Lodge has great programs and events coming up this year. In order for our Lodge to continue to grow and flourish, we need new and active members. We encourage you to invite prospective members to attend with you and invite them to join, so that they also can enjoy the many benefits of membership. Please call Membership Chairperson, Anne-Marie Winterhalder at 894-1807 for further details.

Who was Max Manus?

On April 1, Freya Lodge will present the film 'Max Manus', released in 2008, which chronicles the story of a Norwegian patriot who helped lead resistance to the German occupation during World War 2.

The film, in Norwegian with subtitles and taken from two books authored by Manus, tells the story of a young man thrust into war who, through bravery and ingenuity, was one of the key figures of the period. Max Manus, pictured left, was born in Bergen to a Norwegian father and a Danish mother in 1914. Following the Soviet invasion of Finland, Manus volunteered and fought with the Finns in the Winter War of 1939-40. He re-



turned home on April 9, 1940, the day of the German invasion of Norway. He immediately involved himself in the resistance movement and became one of its leaders. In 1941 Manus was arrested and imprisoned by the Gestapo but escaped, eventually making his way to England where he received additional training in sabotage and infiltration.

Manus joined with the Norwegian Independent Company 1, better known as Lingekompaniet. He became a specialist in ship sabotage and, by using Limpet mines, sank ships that were important to the German Kriegsmarine, including the SS Monte Rosa in 1944 and the SS Donau on 16

January 1945. Max Manus ended the war as a First Lieutenant (Løytnant). For his exploits he was twice awarded the War Cross with Swords, Norway's highest military decoration. He also was awarded Distinguished Service Order and the Military Cross & Bar by the British government. In post war years he went into the office supply business and died in 1996 at the age of 81.

The film was directed by Joachim Rønning and Espen Sandberg, with Aksel Hennie starring in the role of Max Manus. Largely filmed on location in Norway, the film is a gripping tale of war and bravery.

We look forward to seeing you on April 1.

Norwegian Youth Show Lack of Respect for Law

A recent survey of more than 3,500 Norwegian youths, aged 15 to 26, revealed a surprising characteristic among its participants—a lack of respect for the law. The survey was conducted by a research firm called Synovate which issues the Norsk Monitor survey on behalf of the Royal Ministry of Children, Equality and Social Inclusion.

The survey was designed to map the basic attitudes, socio-cultural values and behaviors of the respondents; shedding light on the participants perceptions of right and wrong, social be-

havior and acceptable means for achieving goals.

Survey respondents scored high in categories that involved risk taking, showing little respect for rules and regulations and having status. Erik Dalen of Norsk Monitor says, "Norwegian youth seem to have a constant tendency to test limits and be in opposition, and we see that clearly in this survey. They challenge the



rules, by having a more liberal view on violations than most others." For example, participants may have a relaxed view of offenses such as cheating on tests, failing to attend classes and shoplifting.

What should be done with this new information? Dalen suggests that youth-focused retailers as well as schools put safeguards in place to prevent theft and issue tougher controls.

Adapted from various sources.

Events around the District

The 53rd Rosemaling Seminar will be held on April 30—May 1, 2011 at Camp Norge in Alta. This seminar will feature three instructors; Mardella Ivers, Julie Anne Droivold and Sandra Cole, teaching in three distinctive styles. For more information, or to register for the seminar please visit the [Camp Norge website](#).

Bjørnstejerne Bjørnson Lodge #6-14 will be busy in March. They'll host a Corned Beef and Cabbage dinner at their hall on the 4th, and their annual Pancake Breakfast and White Elephant sale on Sunday the 6th. Bjørnson Hall at 2258 MacArthur Blvd. in Oakland.

Olav #6-82 will be hosting a Smørgasbord at the Lucas Valley Homeowners Assn. 1201 Idylberry Road San Rafael on Saturday, April 2. For more information contact Marline Arild at (415) 454-3910.

Our president, Pamela Stutrud

Groth, will reprise her presentation 'Diggin' Nordic Roots' for Olav #6-82 for a lunch meeting of Olav #6-82 on Saturday, May 7, 2011 at Rickey's Restaurant in Novato. All who missed this presentation at our February meeting should plan to attend this luncheon. For more information contact Marline Arild at (415) 454-3910.

The spring Camp Norge Folkedans Stevne for 2011 is coming up this month. It will be held at Camp Norge on the weekend of Friday March 25 through Sunday March 27. Old-time Norwegian dances, figure dances, and Rørospols, as well as dance basics, will be taught by Meg Laycock and Tom Sears of the Nordahl Grieg Leikarring og Spelemannslag. This is a weekend for both novice and experienced dancers. The weekend parties will offer plenty of mixers and other easy dances, as well as pols and other favorites of Stevne alumni.

And, if that weren't enough, the stevne can be counted toward a Cultural Skills award in Folk Dancing. To see the flyer, please visit our Events page at freyalodge.org/events.

On April 10th, Vikings of Lake Lodge #6-166 will host a New Member luncheon beginning at 2 PM at the Galilee Lutheran Church 8860 Soda Bay Road in Kelseyville. This event is designed for both new members and prospective members to learn more about Sons of Norway and what is offered through membership.

You may not know it, but there is a Scandinavian Dance Class, on Tuesday evenings 7:15 to 9:15pm at Hermann Sons Hall in Petaluma. Anyone interested in Scandinavian dancing is encouraged to come, beginners especially. No partner needed. Call (707) 996-8300 for more information.



KITCHEN RENOVATION FUNDRAISER

Date: 4/1/11

Time: 7:00 pm

71 years ago, Max Manus returned home the day the Nazis were invading his homeland of Norway. He decided to fight back. Come see the movie that tells his story.

- \$5 minimum donation requested.
- Popcorn and beverages available for purchase.
- Wear something patriotic.
- Bring your friends.

All proceeds fund the kitchen renovation.



Freya Lodge 6-062



Norway Hall
617 W. Ninth Street
Santa Rosa, CA

Phone: 707-996-9889



Living Your Norwegian Heritage

Camp Trollfjell

*Language & Heritage Youth Camp
@ Camp Norge in Alta, California*

www.CampNorge.com
(link to Camp Trollfjell for
Camper & Counselor
Applications)

Registrar: Sharee Frost
sharee@theunion.net
530-478-0980



Camp is July 10-24, 2011

\$750/child

Ages 8-13 (at the time camp begins)

Scholarships are available—check with your local lodge

Daily Activities Include:



Rosemaling
Viking History
Crafts
Folk Dancing
Language Lessons
Foods of Norway
Building Lasting Friendships

Freya Lodge, Sons of Norway

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Culture, Community, Camaraderie

**Potluck and
What is Sons Of
Norway all about?
March 18, 7:00 PM**

Anne Marie Eskilsson
REALTOR®, SRES



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