

FREYA LODGE
SANTA ROSA, CA

CULTURAL EVENTS:

- **Special Event!!! April 1, 7 PM Movie Night 'Max Manus'**
- **April 15, 7 PM Snowshoe Thompson**
- **Norway Day April 30, May 1 in San Francisco**
- **Rosemaling Seminar at Camp Norge April 30-May 1**
- **Syttende Mai celebration May 14**

2011 OFFICERS

President

Pamela Stutrud Groth
707-778-8120

Secretary

Claudia Larson/Marne Olson
707-795-8852 / 707-528-1876

VP/Membership

Anne Marie Winterhalder
707-894-1807

Treasurer

Marit Barca
707-495-0448

Social/Cultural Director

Karen Larson
707-996-9889

Hall Manager

Lis Barca
707-495-0448

Freya Forum

FREYA FORUM

APRIL 2011

Ord fra presidenten

This month we are celebrating two Norwegian heroes: Max Manus and Snowshoe Thompson. These men served their countries in completely different ways, but both served with heart, soul and conviction.

The heroism and sacrifice of those who have gone before us continue to benefit our lives, whether it's our own ancestors or our fellow countrymen. I found this to be common thread among Norwegians as I worked my way through the Cultural Skills program for Norwegian and Norwegian/American authors. From the days of Norse mythology, on through the Vikings and up until today the history of the Norwegian people is replete with exam-

ples of both courage and determination.

The founding members of Freya Lodge carried on in that tradition and provided for us so that we could have our own hall. We've called Norway Hall our lodge's home since the 1970's and it's now in need of repairs and upgrading in addition to regular maintenance. Our hall association has been busy making much needed improvements and we are now focusing on the kitchen. Our current efforts are geared towards replacing the stove and dishwasher. Anyone who's worked in the kitchen lately knows these appliances really need to be replaced.

Our program on April 1, a movie night where we will screen the film 'Max Manus',

will be helping to raise funds for our kitchen renovations. Donations on movie night will go directly to the hall association's kitchen fund. On April 15 we will hear of the story of Snowshoe Thompson. Our goal is to raise funds to bring our kitchen into the current century.

The programs on both of these evenings will show us examples of the courage and character that Norwegian culture is so rich with. We will also have the opportunity to show our own character and help keep Norway Hall a valuable asset to serve the needs of our membership and the larger Sonoma County community.

Med vennlig hilsen,
Pamela Stutrud Groth

What Sons of Norway can do for you

At our March event, President Pamela Stutrud Groth gave an overview of cultural programs and resources available to members.

These included the Cultural Skills program and also the Sports Medal program. You can learn more about these

through the lodge or the SoN website, www.sofn.com.

The highlight of the evening was our Financial Benefits Counselor, Carl Ingvaldstad, who helped us understand the wide range of financial services that membership in Sons of Norway offers. Did you know that even in these

tough economic times, SoN investments have held their value? Food for thought if you are saving for retirement or to help a child through college.

Carl's contact information is on the back page. Give him a call for a complimentary financial checkup.

Camp Trollfjell Scholarships

Camp Trollfjell is Sons of Norway District 6 Language and Heritage Camp for kids at Camp Norge in Alta, California. It is a wonderful way for our children to learn about their Norwegian heritage through dance, song, art and fun!

The dates for Camp Trollfjell this summer are July 10 to 23, and the cost remains the same as last year, \$750 per child for the two weeks. The camp is open to children between the ages of 8 and 13 who

have parents, grandparents or great-grandparents who are members in good standing.

Further information and application forms are available at

www.campnorge.com/camper_application.pdf, or from Freya Lodge Scholarship Chairperson, Sandra McConnell. Camp applications must be submitted with a \$375 deposit per child prior to May 1st.

Applicants who are descendants of Freya Lodge mem-

bers can apply for a scholarship to help with the cost of the camp. The amount of the scholarships will be determined by the funds available in the scholarship fund and the number of applications received.

The applicants for scholarship should send a letter telling about themselves and stating why they would like to go to camp. The letters should be mailed to Sandra McConnell, 6 Autumn Leaf Drive, Santa Rosa, CA 95409 no later than April 10th.



Gratulerer med dagen

April

Louann Ekren
Anne Marie Eskilsson
Eskil Eskilsson
Herman Fernandes
Doris Gospe
Grethe Grail

Barbara Jacobsen
Lorraine Larson
Shawn Mooney
Laurel Powers
Laurel Proaps
Bill Rhodes
Rich Sandvick
Janice Shipley

Lettie Tejada
Julia Terrell



Ditt og Datt

Karin Hoy is back at home after a stay in the hospital. Please keep her in your prayers.

Anne Marie Winterhalder has returned home from her latest trip to Norway. See her story on page 6 for more.

Frank and Pamela Groth celebrated their 25th wedding anniversary.

The Norway Day Festival will be held on April 30 and

May 1, 2011 at Fort Mason Center in San Francisco's Marina District. Full of music, dance, vendors, genealogy and heritage Norway Day is a "must do" for Bay Area Vikings of all ages.

As a special added attraction for this year's festival, Freya Lodge has helped facilitate a showing at Norway Day by our good friend and fellow SoN member, Hans Skalagard. The maestro will attend the festival

and exhibit a selection of his work. For more information on Norway Day 2011, please visit the festival website at norway-day.org/.

Hans Skalagard will also be the subject of an upcoming exhibit at the Vallejo Maritime Museum, "US Navy Ships of World War 2. The exhibit will run from April 2 through July 16.



Karen's Column

April showers bring May flowers but what do March showers bring? Well, a busy Freya Lodge that keeps on going even if it is pouring down rain.

I heard that even though it was a stormy night the evening of March 18th, we had a good turn out to share in a nice potluck and to listen to Carl Ingvolstad speak on benefits that our Sons of Norway has to offer its members financially. I am sorry that I missed the meeting but it was an opportune time for Terry and I to visit our daughter Valerie and her husband Matt, and our granddaughters, Annika and Maggie. The Fiddle Contest in Oroville was going on and we had a wonderful time watching fiddlers from the age of four to eighty four or around there. When we got back home on that rainy day, we took out the fiddles and Terry and Annika squeaked a few tunes. We have a long way to go to match the sounds that we heard even from the four year old, but we had a great time.

By the time that you receive your Freya Forum, we will have had our movie night. Hope that we see you all at the lodge on the 1st of April - no fooling! We will be seeing the Max Manus movie complete with popcorn and lots of fun with fellow members! This is a fund raiser for our kitchen renovation which is going to be a work in progress. If you have ever worked in the kitchen when we have a big dinner like the Lutfisk dinner, you will know how

much we need to upgrade our kitchen. As I said, it will be a work in progress, so hope there were lots of members and friends watching and enjoying the movie about Max Manus.

Mark your calendars now for April 15th. We will be having a presentation on Snowshoe Thompson at the Lodge. We will start the evening off with a Soup and Salad dinner. Cost for the event will be \$8.00 a person and that is a real bargain for a delicious soup and salad dinner, desert, and an interesting program on Snowshoe Thompson. Dinner will be at 6 PM followed by the presentation on Snowshoe Thompson at or around 7 PM. See you there!

Just to give our members a heads up, our President, Pam Groth and I met with the owner of Cafe Europe and we have decided to have them cater our 60th anniversary luncheon which will be held on Saturday, November 12th. We decided to have our celebration in the afternoon so that our members would not have to be out at night. The menu sounds wonderful and it will be nice to have a catered meal so that those who always end up in the kitchen working can enjoy being out with everyone and celebrate our lodge turning 60! Wow, that is really a wonderful success story! We have a lodge to be proud of!

Just a note, I was looking at this months Viking magazine and noticed the nice picture of

our new sign and our board members sitting in front of it. My mother gave me two copies of the Viking magazine that she had from 1965 - oh what a difference 46 years make. Then, the magazine was in just black and white and not very many pictures. Lodges and their activities were mentioned but not with the flair that we have today. The Viking magazine has come a long ways but it is still fun to see how things were then compared to now. I will bring the magazines to the next meeting. The magazines are fun to look at and see how Sons of Norway has progressed.

Please be sure to put our upcoming activities on your calendars now. Our upcoming Lodge activities are events you won't want to miss. See you at the movies on April 1st and then April 15th for our Soup and Salad dinner followed by the Snowshoe Thompson presentation. In May we will be celebrating 17. Mai with a lunch. This will be a family event with a parade and games for kids. Hope that the rain will be gone by then! Our 17. mai celebration will be on Saturday, May 14th. We will be having lots of opportunities to celebrate our Norwegian heritage in the upcoming months, so be sure to mark your calendars now so you do not miss these events.

Med vennlig hilsen,

Karen Larson



Find us on
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District 6 Scholarship News

Latest news on
scholarships.

The 6th District will award three \$1,000 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6th District. They must attend a 4 year accredited college or university in the USA as a full-time undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1.

When an applicant is deemed worthy of a scholarship (recommended by the 6th District Scholarship Committee and approved by the 6th District board) the funds will be jointly paid to the applicant & to the institution he or she is attending.

Applications must be submitted to the scholarship committee by April 1 of the application year.

Also just announced, the 6th District will offer a scholarship to a 2 week Concordia Language Camp Summer Session at The Norwegian Village or

“Skoggjorden” in the amount of about \$1700, for a camper over the age 13.

The applicant must be a Heritage or Unge Venner member of a 6th District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year.

Visit the website

www.ConcordiaLanguageVillages.org for information & applications for the Norwegian Village or “Skojorden.”

The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

For more information please contact Carolyn Dahl, Chairman,
13361 East 35th Place,
Yuma, AZ 85367
PH: 928-335-1801, e-mail,
KA6LSK@arrl.net

Henrik Ibsen Lodge of San Francisco, the oldest lodge in District 6, is once again accepting applications for the Peder P. Johnsen Scholarship. This program was established to recognize students of Norwegian ancestry for academic excellence and involvement in the community.

Scholarships are awarded to deserving students who are residents of Northern California studying full time at accredited colleges and universities. Freshman, undergraduate and graduate students are eligible and a GPA of 2.7 or better is required.

Deadline for applications is April 1, 2011. Applications and additional information may be obtained by writing or calling:

Jo Ann Wentker
650 Upland Drive
San Francisco, CA 94127
(415) 587-9210



Membership

Thank you for renewing:

Lillian & Rollin Anderson
Claude & Phyllis Ashen
Mark Fahey
Wayne Hare

John Hill
Loren Hovland
Margaret Kram
Barbara & John Lund
Peter Meirik
Laurel Powers

Vivian Ronning
Liv Enger Schwindt

Remember to tell a friend about Freya Lodge.

Hall Association Committee Update

The new fire suppression system in the kitchen has been completed, and a new, larger hand extinguisher has been installed in the kitchen as well.

The security lamp post in front of the Hall, behind the newly installed Sons of Norway sign, was knocked down by strong winds during the recent series

of storms. A rotted wood anchor post did not help the situation. We are repairing the lamp post, using a concrete and steel base, we are also adding lights to illuminate the Sons of Norway sign.

Speaking of our new sign, it was featured in this month's Viking

Magazine. Mange Takk to those who made this possible.

Submitted by the Committee



Report of March Board Meeting

Meeting of March 6, 2011 at Norway Hall. President Pamela Stutrud Groth called the meeting to order at 4:10 PM. A silent roll call found a quorum with the following officers present: President, Vice President, Social Director, Counselor, Hall Association Committee chairman. Counselor recorded minutes in the absence of secretary. Minutes from previous minute were read, one correction made. Minutes as amended were MSP.

President noted thanks to all who assisted with the required annual paperwork. Led discussion of upcoming social calendar.

Vice President reports flyers and press releases sent out for April events. Received updated membership kits and placed them in greeter's box.

Treasurer not present, account balances as of 2/28/11 were submitted by VP as follows: Checking \$3010.94 Scholarship \$1255.04, Savings \$1094.73, Money Market \$1001.94

Noted that final numbers for

Lutefisk dinner indicate a net profit of \$1200, which was divided equally between the lodge for operating funds and the scholarship fund.

Social Director reports getting quotes for catering for 60th Anniversary dinner. Target date is 11/12, estimate cost to be \$28—\$31 per person.

Librarian notes only one book on Norway in WW2, raised item to new business.

Sunshine: Helene McConnell is up and about after a recent illness, Karin Hoy has left hospital and is recovering at home after a fall.

Editor noted this month's deadline and called again for photos and stories of Freya history for 60th anniversary.

Committee Reports:

Hall Association—Chairman reports fire system work in kitchen is complete. Working on appraisals for donated paintings. Secured estimates for new signs at curb and over hall entrance of \$500. Roof work and

exterior painting pending weather improving. Incorporation of hall, the committee has contacted counsel and is moving ahead.

New business:

Librarian would like to purchase some paperbacks on Norwegian resistance in World War 2 from Vesterheim. Board considering.

Old Business:

Lining up donation of ox cart and our old piano.

Good of the order: Installation of officers is supposed to happen in December—February window. We may move election of officers to October, may become new business for the board to consider. Noted that two letters have been received for Camp Troll Fjell scholarship. Social Director will be travelling and will miss March 18 meeting.

Next board meeting April 28th at 6 PM. Meeting adjourned at 5:49 PM.

Submitted by Frank Groth

*Membership in
Sons of Norway
brings so much
more than
monthly lodge
meetings.*



Recruit to Win in 2011!

Oslo. Bergen. Coastal Norway. Holmenkollen. The Flam Railway. Hadeland Glassworks. All this and more could be yours if you recruit to win in 2011!

This year, when you recruit new, dues-paying members you are entering yourself into the 2011 Norwegian Experience Recruitment Contest, courtesy of Borton Overseas and Sons of Norway. The prize, which will be awarded in January of 2012, is a free trip of a lifetime for the winner and one guest that includes airfare, meals, exclusive travel opportuni-

ties and upscale accommodations!

Just imagine taking a 10 day land-tour of Norway enjoying some of the most beautiful scenery that Scandinavia has to offer! The best part is that the winner gets to choose their own adventure! Whether you prefer an active trip full of sightseeing and touring, or a more laid-back vacation, it's up to you!

To enter this year's Norwegian Experience Recruitment Contest all you have to do

is recruit one new, dues-paying member and make sure your name is listed in the "Referred By" field. It's as easy as that! Entries are taken from members recruited between January 1st and December 31st, 2011. Also, remember that you can enter as many times as you recruit throughout the year, which increases your chances of winning!

To learn more about the contest or its rules, contact Sons of Norway at 800-945-8851.



Greetings from Norway

Spring had just arrived in the Oslo area when I left there a few days ago. That was a great relief for everyone, as the snow that started falling when I was there in October was still on the ground. They have had a long and cold winter this year, with lots of snow. Great conditions for skiers and many of my friends told of wonderful cross country excursions. But five months of snow and cold is a long time and everyone was de-

lighted to see the snow melting before their eyes in 55/60 degree temperatures.

It was a bitter-sweet trip for me. After years of worrying about our parents living by themselves, we were able to move them and some of their belongings into a very nice care facility. At 96 and 94 it was just too dangerous for them to be on their own and we are greatly relieved that they are now well taken care of. For

my mother there is no place like home, but hopefully she will soon stop grumbling and start enjoying all the activities offered. I am very impressed with the care and attention they are getting at this county-run facility, which is the only option available, and therefore very hard to get into.

Success at last!

Submitted by Anne-Marie Winterhalder

Sons of Norway online resources

While we like to think that, being in California and all, that Freya Lodge has an outstanding presence on the Internet, it might surprise some to learn just how significantly Sons of Norway International and the District Lodges have made their presence felt on the web.

SoN International has a very rich web site with content both enlightening and informative. The International web site also offers links to district and local lodges as well as cultural and heritage resources. You can open a new world of information by visiting www.sofn.com.

Looking for other ways to connect to Sons of Norway online? Look no further!

- Twitter

twitter.com/sonsofnorway

- Sons of Norway Blog

Visit sonsofnorway-blog.blogspot.com for regular posts from headquarters staff as well as weekly posts from Viking editor, Amy Boxrud.

- Sons of Norway Message Boards

Join in the discussion at sofn.com/jforum and login to the member's only section.

- Facebook

facebook.com

Freya Lodge is also on Facebook. You can find us simply by searching for Freya Lodge.

- District News

Wondering what's happening in each district? Take a peek!

District 1: sofn-1.com

District 2: sonsofnorway2.com

District 3: 3dspfn.org

District 4: sofn-district4.com

District 5: sonsofnorway5.com

District 6: sofn6.com

District 7: sofn7.com

District 8: sonsofnorway8.com

Events around District 6

The 53rd Rosemaling Seminar will be held on April 30—May 1, 2011 at Camp Norge in Alta. This seminar will feature three instructors; Mardella Ivers, Julie Anne Droivold and Sandra Cole, teaching in three distinctive styles. For more information, or to register for the seminar please visit the [Camp Norge website](http://CampNorge.com).

You may not know it, but there is a Scandinavian Dance Class, on Tuesday evenings 7:15 to 9:15pm at Hermann Sons Hall in Petaluma. Anyone interested in Scandinavian dancing is encouraged to come, beginners especially. No partner needed. Call (707) 996-8300 for more information.

Vikings of Lake Lodge #6-166 will host a "History of Denmark" on Wednesday, April 20th at the Galilee Lutheran Church in Kelseyville.

If you didn't get enough lutefisk

over the holidays, Victory Lodge #6-43 can help. They'll be hosting a lutefisk and meatball dinner on April 16th at the Lutheran Church of the Holy Trinity in Vallejo. Cost is \$20 per person and seating is limited so give Marge Severson a call at 707-265-8373

Guldallen Lodge #6-128 will be hosting a cultural program on April 11th, beginning at 6 PM on "Coming to America — The Westward Voyage". Guldallen member Jens Noet will speak, and a 29 minute DVD about the "HJEMKOMST" (Homecoming) Viking ship, built in Minnesota by Robert Asp in honor of his Norwegian heritage, will be shown. Along with this cultural program, a soup supper will be served. Cost is \$4 per person at the door, the Nevada County Fairground in Grass Valley is the venue.

Our president, Pamela Stutrud Groth, will reprise her presentation 'Diggin' Nordic Roots' for a lunch meeting of Olav #6-82 on Saturday, May 7, 2011 at Rickey's Restaurant in Novato. All who missed this presentation at our February meeting should plan to attend this luncheon. For more information contact Marline Arild at (415) 454-3910.

For more about these events, and many others around our area and across Northern California, please visit our lodge web site at freya-lodge.org/events



17.mai at Norway Hall

Date: May 14, 2011

Time: 12:00 pm



**Karen Larson:
707-996-9889**

RSVP by May 7

**A traditional family event with a parade and
games for the kids!**

\$8 per person; kids are free!

Norway Hall

617 West Ninth Street

Santa Rosa



**SONS OF
NORWAY**

Freya Lodge 6-062

Camp Troll Fjell

Sons of Norway

Language & Heritage Camp



Camp Troll Fjell is held at Camp Norge in Alta California during the middle two week of July. Located in the Sierra Mountains east of Sacramento, Camp Norge is an ideal location for a summer camp. Campers learn about their Norwegian heritage and language as well as participate in all the traditional activities of a summer camp.

Camp dates for this year are July 10 to 23, 2011

Criteria for attending camp - ages 8 to 13 at time camp begins and a child, grandchild or great grandchild of a Sons of Norway District 6 member in good standing.

Camp cost is \$750 per child

For more information and to get applications go to www.CampNorge.com and link to Camp Troll Fjell for Camper & Counselor Applications

Freya Lodge, Sons of Norway

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Phone: 707-778-8120

E-mail: adskfranknpig@hotmail.com

Web site: www.freyalodge.org

Culture, Community, Camaraderie

**Showshoe Thompson
California's Heroic
Norwegian
April 15, 7:00 PM**

Anne Marie Eskilsson
REALTOR®, SRES

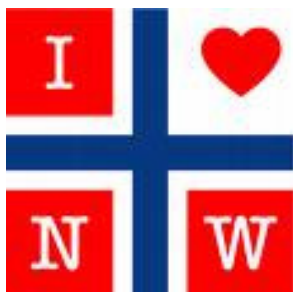


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